

## Pre-Treatment Preparations

- Avoid skin irritation or intentional skin tanning. Sun-screen is advisable when outdoors during daylight hours.
- Discontinue any irritant topical agents for 2-3 days prior to treatment.
- Arrive for treatment with clean, shaven skin. There should be no lotion, make-up, perfume, powder or bath/shower oil present on the skin in the area to be treated.
- Hair-bearing areas to be treated should be shaven prior to treatment day.
- It is recommended to be well hydrated at the time of treatment for optimal results.

## Possible Side Effects

Possible side effects from the treatment can occur. These effects are rare and expected to be transient. Any adverse reaction should be immediately reported to the physician.

Possible side effects include but are not limited by: discomfort or pain, excessive skin redness (erythema) and/or swelling (edema), damage to natural skin texture (crust, blister, burn), change of pigmentation (hyper- and hypo-pigmentation), scarring.

Erythema and edema lasting not longer than 24h is typical skin reaction to the treatment. In some instances, bruising may occur post Transform procedure when an area of sensitive or thin skin is treated.

When using Tone applicator, minor short term muscle spasm/pain may occur.

The patient must understand the importance of pre-treatment and post-treatment instructions and that failure to comply with these instructions may increase the probability of complications.

## Contraindications

- Pacemaker or internal defibrillator, or any other metallic or electronic implant anywhere in the body.
- Permanent implant in the treated area such as metal plates, screws and metal piercing, silicone implants or an injected chemical substance, unless deep enough in the periosteal plane.
- Intra-dermal or superficial sub-dermal areas that have been injected with HA/collagen/fat injections or other augmentation methods with bio-material during last 6 months.
- Current or history of skin cancer, or current condition of any other type of cancer, or pre-malignant moles.
- Severe concurrent conditions, such as cardiac disorders, sensory disturbances, epilepsy, uncontrolled hypertension, and liver or kidney diseases.
- Pregnancy and nursing.
- Impaired immune system due to immunosuppressive diseases such as AIDS and HIV, autoimmune disorders or use of immunosuppressive medications.
- History of diseases stimulated by heat, such as recurrent Herpes Simplex in the treatment area, may be treated only following a prophylactic regimen.

- Poorly controlled endocrine disorders, such as diabetes or thyroid dysfunction and hormonal virilization.
- Any active condition in the treatment area, such as sores, psoriasis, eczema, and rash.
- History of skin disorders, keloids, abnormal wound healing, as well as very dry and fragile skin.
- History of bleeding coagulopathies, or use of anticoagulants in the last 10 days.
- Laser resurfacing and deep chemical peeling within the last 3 months prior EvolveX treatment.
- Having received treatment with light, laser, RF, or other devices in the treated area within 3 months, or before complete healing.
- Any surgical procedure in the treatment area within the last 3 months or before complete healing.
- Use of Isotretinoin (Accutane®) within 6 months prior to treatment.

### Post Treatment

- Avoid very hot water and direct heat exposure for 2 days.
- Avoid UV exposure (tanning bed or sun) for 7 days post treatment.
- Avoid scrubbing and scratching the treated area.
- Moisturize the skin.
- Do not cool the area post treatment.

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